

July 23, 2009

## News From the Race Director

This year the race will begin and end below the dam in the grass field where parking has been. Registration will also be located there.

This year, some sections have been rerouted or modified:

- The start and finish have been moved as indicated above. This dramatically changes the course, especially the finish which will now be on a flat fire road for the final quarter-mile
- Two locations where the trail crossed itself have been removed:
  - In the first mile the route goes straight up to the top of the ridge and comes down a steep section before looping back up to the ridge. This section was heavily forested and has been re-routed back onto a new fire road.
  - At mile 4, the race now goes through the model airplane airport before turning left up the Mid-state to the top of the gas line and then goes down the very rocky gas line to the bottom of the sand pit road. This eliminates the crossover at the bottom where runners have gone the wrong way in the past.

In Greenbriar, after the third water stop, the race passes the new French River paddling access point and follows the trail over the new bridge at the beaver dam. Runners will get their feet wet here if the water is high. This eliminates the poorly maintained trail around the pond.

Near the end at mile 9, the trail now goes left around the sand pit and down a different section of the gas line and through another heavily forested section before heading for the finish.

Trail Series Race Directors will have their fee waived if they contact John Grenier in advance of the race. Email [johngrenier1@aol.com](mailto:johngrenier1@aol.com)

Every effort will be made to start the race at 9:00 AM, with a briefing at 8:45 at the starting area

John Grenier  
Race Director